

Issue: 3.5 Resilient Families

Objective(s):

- To assist families to develop resilience to minimise the impact of family crisis

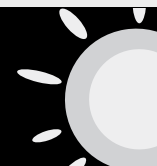
	Strategy	Lead Agency and Key Partners	Timeframe	Performance Indicators/ Desired Outcomes
3.5.1	Establish strong, collaborative relationships between agencies working with families and strengthen the effectiveness of the agency referral process for families in need regarding everyday challenges, including life transitions, times of cumulative stresses and significant adversity or risk	<ul style="list-style-type: none"> • Townsville City Council Community and Cultural Services • Department of Families • THSD Community Health • Child Care Agencies • Townsville Division of General Practice • Relationships Australia • Red Cross • Tropical Public Health Unit Health Promotion <p><u>Stakeholders</u></p> <ul style="list-style-type: none"> • Women’s Infolink • MNYSP • Townsville Aboriginal Islander Health Service • Migrant Resource Centre • Lifeline • Women’s Centre • DCC • DSG • Playgroup Associations • Mental Illness Fellowship North Queensland • James Cook University • Department of Defence 	Short - Medium	<ul style="list-style-type: none"> • Meeting of key partners • Establishment of reference group





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<p>3.5.2</p> <p>Improve the understanding staff in childcare centres have of the referral processes for children in crisis, child protection and the special needs of children, including: -</p> <ul style="list-style-type: none"> • map all family and parenting services available in Townsville • raises awareness across the community on family and parenting services available and how these are accessed • identify gaps in family and parenting service provision • undertake a SWOT analysis of special needs including knowledge, attitude and practice • review and evaluate parenting programs developed for specific child age groups and cultural group needs 	<ul style="list-style-type: none"> • Townsville City Council Community and Cultural Services • Department of Families • THSD Community Health • Child Care Agencies • Townsville Division of General Practice • Relationships Australia • Red Cross • Tropical Public Health Unit Health Promotion • Lifeline • Women's Centre • DCC • DSG • Playgroup Associations • Mental Illness Fellowship North Queensland • James Cook University <p><u>Stakeholders</u></p> <ul style="list-style-type: none"> • MNYS • TAIHS • Migrant Resource Centre • Queensland Police Service 	<p>Short - Medium</p>	<ul style="list-style-type: none"> • Gaps in services are identified • Pilot project to address gaps • Better collaboration with services to develop a holistic care plan for families • Understanding the effectiveness of different parenting programs

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<p>3.5.3</p> <p>Maintain and strengthen family programs targeting the following areas: -</p> <ul style="list-style-type: none"> • infant management and parenting skills (IMPS) • triple parenting program • Community Therapy Program for children with disabilities • early intervention for Families Program • member of SCAN program • school based nurse program • health education and promotion program for parents on nutrition, immunisation and healthy lifestyle • virtual parenting program • puberty program • teenage pregnancy programs • child and youth mental health • advisory program for accommodation, community services for Aboriginal and Torres Strait Islanders 	<ul style="list-style-type: none"> • THSD Institute of Community Health and Ambulatory Care • Child Health Services • ATODS • Sexual Health • Integrated Mental Health Services • AHIP • TAIHS • Heart Foundation • Asthma Foundation • Pharmacies • Townsville City Councils • General Practitioners • Salvation Army • Centrelink • Department of Families • Education Queensland • Private Providers 	<p>Ongoing</p>	<ul style="list-style-type: none"> • Percentage of participants completing programs • Programs are meeting participants needs • Percentage of referrals • Percentage of persons returning to education • Percentage of NESB accessing services • Percentage number of joint programs implemented
<p>3.5.4</p> <p>Investigate the potential to develop ‘Hub’ models of care in childcare settings in Townsville</p>	<ul style="list-style-type: none"> • Tropical Public Health Unit Health Promotion • Department of Families 	<p>Short -Medium</p>	<ul style="list-style-type: none"> • Report on the potential for “hub” models within child cares in Townsville
<p>3.5.5</p> <p>Build individual resilience on the ground including empowering communities and provide/research community development approaches: -</p> <ul style="list-style-type: none"> • undertake case study research in building resilient families, including models used outside Australia • examine the suitability of these approaches • undertake pilot projects to trial suitable projects 	<ul style="list-style-type: none"> • Townsville City Council Community and Cultural Services • Department of Families • James Cook University 	<p>Short - Medium</p>	<ul style="list-style-type: none"> • Research of models conducted • Pilot projects undertaken





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3.5.6	Education on holistic approach, to primary health care and health promotion for all workers involved with families	<ul style="list-style-type: none"> • Tropical Public Health Unit Health Promotion • Department of Families 	<ul style="list-style-type: none"> • Education sessions undertaken
3.5.7	Advocate for family friendly workplace policy and programs, including: - <ul style="list-style-type: none"> • twelve months paid maternity leave • part time working options • job sharing working options • flexible hours • options for breast feeding • child care options 	<ul style="list-style-type: none"> • Regional Managers Forum Stakeholders • Women's Infolink • Disability Services Qld 	<ul style="list-style-type: none"> • Support from Regional Managers Forum
3.5.8	Promote the role and image of parental care in the early developmental stages of childhood	<ul style="list-style-type: none"> • Tropical Public Health Unit Health Promotion 	<ul style="list-style-type: none"> • Promotion campaign undertaken