

Issue: 3.3 Men's Health Services

Objective(s):

- Promote men's physical and emotional health
- Promote men's health through the establishment of men's health services

Strategy	Lead Agency and Key Partners	Timeframe	Performance Indicators/ Desired Outcomes
<p>3.3.1</p>	<p>Develop a men's support group to facilitate improvements in men's physical and emotional health, targeting the following priority actions:</p> <ul style="list-style-type: none"> • provision of a central facility for accessing information, resources and educational programs • identify and develop health promotion initiatives for men • develop a men's behavioural management group • increase men's health promotion material in doctors waiting rooms and work places • promote role models for men • identify men's health professional services in a directory • develop educational curriculum in primary schools that focuses on male behaviour 	<ul style="list-style-type: none"> • Townsville City Council Community and Cultural Services • Townsville Division of General Practice • Department of Aboriginal Torres Strait Islander Policy • TAIHS • District Health Board <p><u>Stakeholders</u></p> <ul style="list-style-type: none"> • RSL • Prostate Cancer Support Group • Rotary • Lions Clubs • Service clubs • Workers Unions • St Vincent • Centacare Family Services • Vietnam Veterans Counselling Services • Domestic Violence Resource Service • Prisoners Aid Society 	<p>Short</p> <ul style="list-style-type: none"> • Men's support group established with terms of reference • Anger management program available • Improved men's health (physical and mental) • Improved use of health promotion by men • Sustainable men's health service • Reduce costs associated with medical problems • An increase in material on specific men's health services • Baseline information on services available





HEALTHY COMMUNITIES Issue: 3.3 Men's Health Services

	Strategy	Lead Agency and Key Partners	Timeframe	Performance Indicators/ Desired Outcomes
3.3.2	<p>Maintain and strengthen the 'Men's Health' focus within programs and services including the targeting of the following priority areas: -</p> <ul style="list-style-type: none"> • indigenous men's health programs • early psychosis program • parenting program • sexual health programs • provision of urological service • provision of youth mental health services for individuals and groups • individual advice for clients about sexual health and sexuality • treatment for sexually transmitted infections • social group for older persons with physical deconditioning (Sunshine Group) 	<ul style="list-style-type: none"> • THSD Institute of Community Health and Ambulatory Care <ul style="list-style-type: none"> • TTH • Child & Youth Mental Health • Sexual health • Community Health • Child Health & Integrated Mental Health <p><u>Stakeholders</u></p> <ul style="list-style-type: none"> • Townsville Division of General Practice • Role models 	Ongoing	<ul style="list-style-type: none"> • Number of referrals to TTH service • Number attending C&YMHS groups and number on waiting list • Reporting of numbers attending Sexual Health Services over time